



## Title I Parent Involvement

### Coordinators

Tracy Wilson, RPS

✉ [twilson.rps@catoosa.k12.ga.us](mailto:twilson.rps@catoosa.k12.ga.us)

🌐 [rps.catoosa.k12.ga.us](http://rps.catoosa.k12.ga.us)

Cathy Cooper, RES

✉ [ccooper.res@catoosa.k12.ga.us](mailto:ccooper.res@catoosa.k12.ga.us)

🌐 [res.catoosa.k12.ga.us](http://res.catoosa.k12.ga.us)

## What is a Learning Style?

"The way that he or she concentrates on, processes, internalizes, and remembers new and difficult information or skills".

- Dr. Rita Dunn, St. John's  
University



Contact us anytime!



## Title I Parent Workshop: Discovering Your Child's Learning Style

Document created by:  
Parent Involvement Coordinators-  
Tracy Wilson, RPS  
Cathy Cooper, RES

## Tips to Support at Home

**Visual**- Color coding, use gestures when speaking, use posters, charts, graphs, teach to create lists, use flash cards when studying, avoid distractions(windows/doorways)

**Auditory**- music and songs, reading aloud, self recordings, audiobooks, listen to instrumental music while studying, discuss what you are learning

**Reading/Writing**- play words games, create stories, teach to take detailed notes, allow time to write out answers

**Kinesthetic**- reenact stories, make flashcards, use manipulatives, use physical props, chew gum while studying, take study breaks often, use demonstrations/experiments



## How Do You Learn?

Your learning style is how your brain processes and retains information.

Adapting to your style of learning can help you take better notes, make studying easier, and alleviate test anxiety. While there are eight different learning styles in use, this workshop covers the basic four. While learners will utilize a combination of learning styles, most tend to primarily use one or two.

## Learning in Schools

We all learn in different ways, with no one way being better than the other. Most children will enter kindergarten as kinesthetic learners, moving and touching everything as they learn. By second or third grade, children develop more auditory/visual learning skills. Reading/writing learning style develops in late elementary years. So, keep in mind your child's learning style will change as they grow. Understanding your child's learning style and knowing how to support them at home will help them succeed in school, no matter their grade level.

## The 4 Basic Learning Styles



### Visual

Learn by reading or seeing pictures. Can understand and remember things by sight. Can picture what you are learning in your head. You learn best by using methods that are primarily visual.



### Auditory

Learn by hearing and listening. Can understand and remember things you have heard. You store information by the way it sounds. You have an easy time understanding spoken instructions



### Reading/Writing

"Second visual style"- Learn through the written word. Learn best by reading and/or writing down information. You tend to read a lot and take detailed notes.



### Kinesthetic

"Tactile or Hands On learner"- Learn by touching and doing. Can understand and remember things through physical movement. You prefer to touch, move, build, or draw what you learn. You tend to learn better when some type of physical activity is involved.